



ADAPTATION-INTEGRATION COURSES are courses that will help you to quickly and well orient yourself in Czech society. They will introduce you to basic information about the Czech Republic, your basic rights and obligations.

The Adaptation-integration course is compulsory for most non-EU foreigners who have been issued a long-term or permanent residence permit in the Czech Republic since 1 January 2021. You must complete the course within 1 year of receiving your residence permit. If you do not complete the course, you may be fined up to CZK 10,000.

You must first register for the course. To register, visit <https://frs.gov.cz>. After paying the price of CZK 1,500 for the public course, you can select the date at <https://frs.gov.cz> and complete the registration.

! ATTENTION ! YOU CANNOT ATTEND THE COURSE WITHOUT PRIOR REGISTRATION.

Detailed instructions on how to register for the course can be found here:

<https://www.vitejtevcr.cz/cs/jak-se-prihlasit>

The Adaptation-integration course, which lasts 4 hours, is led by a Czech lecturer but is interpreted into the language of your choice - English, Arabic, French, Mongolian, Russian, Serbian, Spanish, Ukrainian or Vietnamese.

Programme of the Adaptation-Integration Course:

- Basic information about the Czech Republic
- Residence legislation
- education
- employment
- business
- health care
- housing

Proof of completion of the course is the certificate you will receive for your participation.

Adaptation-integration courses are divided into public and non-public. You can attend a public course at our Centre for Supporting the Integration of Foreigners in the Ústí nad Labem Region. The non-public course is organised by the employer in cooperation with the integration Centre.

More information about the course can be found here: [MVČR](#), [Vítejte v ČR](#).